

FRESH TRAINING

A Guide



What is Fresh Training?

- A practical way to impart key learnings on a range of topics pertinent to supervisors and managers.
- Focused on specific areas of people management which fit with the challenges faced by small to medium sized organisations.
- Practical and pragmatic, using real exercises and scenarios to enable participants to implement learnings in their own workplace.
- Delivered in-house or off-site, bespoke to your specific requirements or as part of an open course with the benefit of sharing the experiences of other participants.



Who Would Benefit Most from Fresh Training?

Fresh Training is most suitable for :

- supervisors
- managers
- team leaders

and/or

anyone responsible for a team of individuals but who may not have received any formal training or had experience of managing a team



How is the Training Delivered?

- Workshop sessions are delivered face to face in a small group.
- All the sessions are interactive and require participants to use real experiences so that they can derive maximum benefit from each topic area.
- All information shared by participants is confidential to the session and we use shared experiences as a learning mechanism alongside best practice techniques.



How Long are the Workshop Sessions?

Each session is around two hours, designed to be delivered during the lunchtime break.

Minimal disruption to the day and provide a 'working lunch' environment.

Having a short, concise time period also focuses the mind and no time is wasted.

Follow up sessions can be booked if required.



10 Great Things About Fresh Training

1. Delivered as part of the working day
2. Practical exercises and learning techniques
3. Experienced and approachable tutors
4. Relaxed, open environment
5. Interactive sessions using real scenarios
6. Relevant and specific training
7. Ongoing support provided at no cost
8. Flexible and adaptable to individual needs
9. Helps to develop high performing teams
10. Suitable for all levels of management



Areas of Training Covered

- Managing Pay and Benefits
- Recruitment and Selection
- Interviewing Skills
- Supervisors' Management Toolkit
- Managing Performance
- Absence Management
- Building Cohesive Teams
- Managing Through Change

These are examples of open workshops, however tailored programmes are also delivered according to the needs of the organisation



How Do I Book a Training Session?

To discuss your training requirements, simply contact us:

- Office: 0844 669 7962
- Mobile: 07904 158138
- Email: info@freshhr.co.uk
- Web: www.freshhr.co.uk

